

## サマ分 SALAD

**SASHIMI SALAD** 10 sm  
Mixed sashimi, organic greens, citrus-soy dressing 16 lg

**EBI AVOCADO SALAD** 8 sm  
Prawns, avocado, organic greens, citrus dressing 12 lg

**HAPA CHICKEN SALAD** 8 sm  
Sliced teriyaki chicken breast, organic greens, soy dressing 12 lg

**MIDORI SALAD** 9  
Organic mixed greens, citrus-soy dressing

## 冷菜 GOLD TAPAS

**EDAMAME** 5  
Hapa's original marinated chilled soybeans

**GOMA-AE** 5  
Seasonal vegetables with sesame dressing

**TUNA AVOCADO SALSA DIP** 12  
Chopped Ahi tuna, avocado, tomato, plantain chips

**BEEF TATAKI** 10  
Lightly seared AAA beef, sesame-chili sauce

**ABURI SABA** 9  
Seared marinated mackerel sashimi

**NEGITORO** 9  
Chopped Albacore tuna belly, spring onions, toasted garlic bread

**TUNA CARPACCIO** 12  
Thinly sliced Ahi tuna, yuzu dressing

**BINTORO** 12  
Seared Albacore tuna sashimi, ponzu sauce

**SCALLOP TARTARE** 10  
Chopped scallops, house made bacon, karashi mustard mayonnaise, wonton chips

**OSHINKO** 5  
Assorted Japanese pickled vegetables

**KIMCHI** 5  
Spicy Korean pickled cabbage

## 温菜 HOT TAPAS

**EBI MAYO** 10  
Tempura prawns, spicy mayo sauce

**BEEF SHORT RIBS** 14  
Grilled AAA beef short ribs, apple-soy marinade

**HAPA HOT WINGS** 8  
Lightly fried, spicy Serrano chili sauce

**RENKON GYOZA TEMPURA** 9  
Minced pork layered with lotus root, tempura

**AGEDASHI TOFU** 7  
Deep-fried tofu, sweet soy broth

**KARAAGE** 10  
Deep-fried boneless chicken, soy ginger sauce

**IKA** 9  
Grilled squid, sake soy garlic marinade

**GINDARA** 13  
Baked sablefish, sake-miso marinade

**PORK BELLY LETTUCE WRAPS** 10  
Crispy pork belly, apple yuzu jam, pickled red onions, green lettuce

**POLENTA FRIES** 8  
Polenta tempura, soy-balsamic reduction, arugula gel

## 主菜 RICE & NOODLES

**YAKI UDON** 12  
Thick udon noodles, stir-fried chicken, vegetables (vegetarian version available on request)

**SPICY PORK ISHI-YAKI** 12  
Rice, minced pork, garlic sprouts, egg, tomato, lettuce, spicy miso, served in a hot stone bowl

**KINOKO ISHI-YAKI** 12  
Rice, mixed mushrooms, iwanori seaweed, served in a hot stone bowl

**CHIPOTLE BEEF CURRY ISHI-YAKI** 12  
Rice, slow-braised AAA beef, chipotle curry, egg, served in a hot stone bowl

## 刺身 SASHIMI 5 pieces

**SOCKEYE SALMON** 12

**AHI TUNA** 14

**ALBACORE TUNA** 12

**YELLOWTAIL** 14

**SASHI MORI** 36  
Chef's daily selection of fresh sashimi

## 寿司 SUSHI

**HAPA ROLL** 14  
Avocado, cucumber, carrot, asparagus, kaiware (radish sprouts), topped with torched salmon and spicy mayonnaise

**DYNAMITE ROLL** 12  
Tempura prawn, cucumber, kaiware, wasabi mayonnaise, teriyaki sauce

**KIN ROLL** 15  
Asparagus tempura, onion, topped with torched yellow tail, miso mayonnaise, yuzu rind

**UMI ROLL** 15  
Chopped scallop with mayonnaise, avocado, topped with Ahi tuna, pickled onion vinaigrette

**HANABI ROLL** 12  
Spicy tuna, cucumber, wasabi tobiko, spicy sauce

**VEGETABLE ROLL** 9  
Avocado, cucumber, carrot, asparagus, kaiware

## デザート DESSERT

**CHOCOLATE PARFAIT** 6

**CHEESE TOFU** 7

**COFFEE BRÛLÉE** 5

**ICE CREAM TRIO** 6  
Vanilla, matcha, mango



hapa izakaya  
calgary